October 2023 MONTVALE BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FALL BREAK	3	4	5	6
9 IN SERVICE NO SCHOOL	Chicken/ Pillsbury Biscuit Pop Tart Cereal Fruit Juice Milk	11 Breakfast Pizza Pop Tart Cereal Fruit Juice Milk	12 Sausage/ Pillsbury Biscuit Gravy Pop Tart Cereal Fruit Juice Milk	13 Waffle Pop Tart Cereal Fruit Juice Milk
16 Muffin Pop Tart Cereal Fruit Juice Milk	17 Chicken/ Pillsbury Biscuit Pop Tart Cereal Fruit Juice Milk	18 Breakfast Pizza Pop Tart Cereal Fruit Juice Milk	Sausage/ Pillsbury Biscuit Gravy Pop Tart Cereal Fruit Juice Milk	20 Waffle Pop Tart Cereal Fruit Juice Milk
23 Muffin Pop Tart Cereal Fruit Juice Milk	24 Chicken/ Pillsbury Biscuit Pop Tart Cereal Fruit Juice Milk	25 Breakfast Pizza Pop Tart Cereal Fruit Juice Milk	26 Sausage/ Pillsbury Biscuit Gravy Pop Tart Cereal Fruit Juice Milk	27 Waffle Pop Tart Cereal Fruit Juice Milk
30 Muffin Pop Tart Cereal Fruit Juice Milk	31 Chicken/ Pillsbury Biscuit Pop Tart Cereal Fruit Juice Milk		Did you know you can check your child's Breakfast and Lunch account and deposit money? Visit: http://www.myschoolbuck s.com	USDA is an equal opportunity provider.

Breakfast Meal

Entrée Choice
Fruit or Juice Choice (½ c)
Low-Fat or Fat Free Milk (8 oz)
Each meal must include a Fruit or Juice